

Do I have to have symptoms to see a Chiropractor?

Prevention is always better than cure. From the development of a subluxation to the onset of related symptoms, years or even decades can pass without us even knowing that our health is slowly deteriorating. It therefore makes perfect sense to have your spine checked on a regular basis from as early in life as possible without any symptoms present. For further information, don't hesitate to email me.

How can I get my spine checked?

All you need to do is email me on Hauert.NIP@yahoo.com with your contact details. I will then get in touch with you to set up an appointment for a 30 minute consultation, where I will go through your health history and do a full spinal examination. On a second appointment, the report of findings, I will then explain to you what I found and what your options are. The cost for both appointments combined is £45. The cost for your care varies depending on your individual needs and will be discussed during your report of findings.



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NeurolImpulse Protocol (NIP) Chiropractic



What is NIP Chiropractic?
How does my body work?
Why do we get sick?
How can NIP Chiropractic help me?
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What is NIP Chiropractic?

Chiropractic is a science, art and philosophy based on the principle that our body, mind and spirit possess the innate intelligence to heal and regulate themselves. As BJ Palmer, son of the founder and the developer of Chiropractic put it: **"The power that made the body heals the body. It happens no other way".**

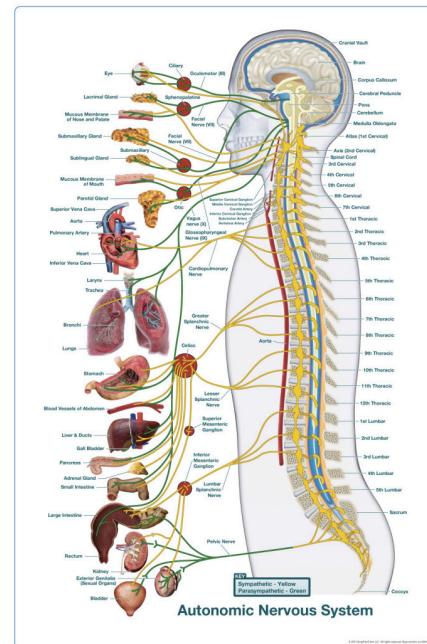
NeuroImpulse Protocol (NIP) is a relatively recent, ongoing, cutting edge development in Chiropractic founded by the Australian Chiropractor and author Dr Neil Davies.

How does my body work?

Your brain is the master control organ in your body. It ultimately regulates the function of every organ, tissue and system in the body, i.e. your muscles and joints, your heart, stomach, lungs, liver, kidneys etc, but also your hormones and your immune system.

In order for this to happen, billions of messages travel between your brain and all the parts of your body every second. Those messages travel from the brain through the spine, down the spinal cord and then out through the nerves to the tissues and organs of the body and back the same way.

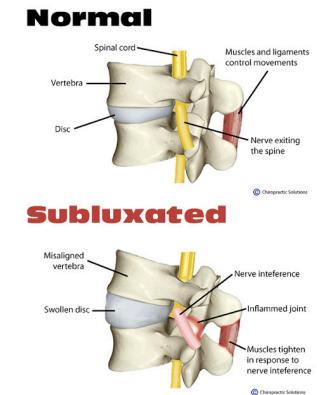
Thus, the main function of your spine, apart from holding you upright while allowing you to move, is to protect your nervous system. It literally is the "information super highway" of your body.



Why do we get sick?

In order for you to be able to move and bend, your spine is divided up into 24 movable segments called vertebrae, connecting your skull to your sacrum/pelvis. This requires a multitude of joints, controlled by small muscles, nerves and nerve sensors between each segment.

Modern lifestyle, including bad posture, chemical stress through bad nutrition and pollution, emotional and electromagnetic stress can all cause "Vertebral Subluxations" - dysfunctions in those motion segments. Inadvertently, these subluxations lead to interference in the messages between your brain and your body and therefore impair the function of your organs and tissues and ultimately your health.



How can NIP Chiropractic help me?

A Chiropractor is trained to detect and adjust Vertebral Subluxations as well as other areas of interference in your nervous system. The ongoing development of NeuroImpulse Protocol (NIP) allows us to detect and adjust an ever wider spectrum of nerve interference in a much more specific, thus more effective, yet very gentle way.

The principle of Chiropractic is simple: the less interference there is in your nervous system, the healthier you are. Therefore, patients usually not only notice improvements with various pain syndromes, but also with a whole variety of health issues like sleep disturbance, low energy, headaches, migraines, IBS, acid reflux, anxiety, depression, infantile colics, bedwetting just to name a few. Additionally, patients who are active in sports often notice a marked improvement in their performance, hence many high level athletes see a chiropractor on a regular basis.

