



Launch of *The Conception Plan*.

Birth From Within:

Pregnancy, Birth & Postnatal Classes, Workshops,, Consultations & Support Based at Arcturus Clinic every Wednesday 2pm-7pm



Dr Larisa is visiting Arcturus clinic on The 10th July 2024. and 30min appointments will be available in the afternoon.

For more information or to book an appointment contact:

support@theconceptionplan.com

The *Conception Plan* is written by leading obstetrician and gynaecologist Dr Larisa Corda, The *Conception Plan* blends the latest discoveries in Western medicine with the cutting-edge science of epigenetics and complementary alternative therapies. This 12-week, tried-and-tested holistic plan overhauls your health – physically, emotionally and spiritually – to give you the very best chance of getting pregnant.

Birth From Within offers a range of holistic services from empowering education, consultations and support from pregnancy, birth and parenting

Highlights

- Meet Author Dr Larisa Corda
- Book Signing
- Meet the Midwife
- Appointments available

The Conception Plan Book Launch & Birth From Within Working Together

**Open Space
ARCTURUS CLINIC, TOTNES**

Contact person: Phone: 07832 367 969

Date: 10th July 2pm-6pm

Date: 12th July 11.00-1pm

