



Open Days

Are you Pregnant? Do you know someone who is pregnant?
Would you or they like to learn more about pregnancy, birth
and parenting?

Birth From Within are offering classes, workshops and
consultations to support you through your pregnancy, birth or
parenting journey.

Come along to our open days to explore what we are offering
and how we can support you.

Where & When:

Brixham: Lupton House
Tuesday 1st October,
10-12.00am

Totnes: Arcturus Clinic
Wednesday 2nd October,
2-7pm

Torquay: St Matthias Church
Thursday 3rd October,
5-8pm

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